



Parent Carer Forum York

We offer a **monthly events programme** during term time for parents and carers of children and young people with additional needs in York, with or without a diagnosis.

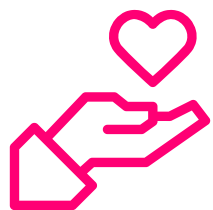
We look forward to welcoming you!



CUPPA AND CHAT

Join us at home with your cuppa to connect with others in our parent carer community, to share, celebrate, offload, ask questions and receive support.

- **First Monday in every month**, online from 7:00pm
- Email connect@pcfyork.co.uk for the meeting link.



PARENT CARER WELLBEING

Meet us for some light relief, to have a giggle, share some positives, talk to other parent carers, maybe learn a craft and enjoy a cuppa – on us!

- **First Tuesday in every month**, 10:30am – 12:00pm
- at New Earswick Folk Hall.



NEW TO SEND SIGNPOSTING

If you are new to the world of SEND or perhaps are new to living in York, join us online to find out what parent carers tell us are the most useful resources.

- **First Wednesday in every month**, online from 6:30pm
- Email connect@pcfyork.co.uk for the meeting link.



PARENT CARER VOICE

Meet other parent carers to discuss any issues you are having, receive support and find understanding in a safe, non-judgemental place.

- **Third Thursday in every month**, 10:30am – 12:00pm
- at SEND entral, Clifton Green Children's Centre.



LISTENING EVENTS

Join us to find out more about SEND services and updates, hear from key speakers, ask your questions and provide feedback to inform decisions about SEND services in York.

- **Monthly on varying dates**, online from 6.30pm
- Full detail on website Email connect@pcfyork.co.uk for the meeting link.

