



Supporting Children to Eat and Drink Safely

What can I do to be more confident that the child is eating safely?

What types/textures of food are safe for children?

Who can I ask about feeding difficulties, and what guidelines should I be following?

What is a normal swallow?

What can go wrong with swallowing?

How do I know something has gone wrong when a child is eating?



This online training session explains what 'normal swallowing' is, considers what can go wrong and provides suggestions for how you can support children to eat and drink safely.

This ***FREE*** training session is suitable for parents and professionals across **York, Selby, Scarborough, Whitby and Ryedale.**

Tuesday 23rd September 2025, 1.00-2.30pm. <https://forms.office.com/e/WGCqAXEqJR>



To book on to the workshop, please click on the above link or scan the QR code.

For more information, please email us at yhs-tr.childrenstherapytraining@nhs.net or visit our website [York and Scarborough Teaching Hospitals NHS Foundation Trust - Training](https://www.yorkandscarboroughnhs.uk/training)