



# NEWS LETTER

✉ [Connect@pcfyork.co.uk](mailto:Connect@pcfyork.co.uk)

## Half Term Holidays Signposts

Lots of activities for half term are listed on Mumbler

<https://york.mumbler.co.uk/accessible-things-to-do-in-york/>

You may choose to make your own directory of activities on the Raise website

<https://synergy.york.gov.uk/Live/SynergyWeb/Enquiries/Search.aspx?searchID=54>



## Coffee Morning

Come for a chat over coffee (on us) with other parents who share our experiences.

Monday 28th October 10:30 York Youth Hostel, Water End

Tuesday 5th November 10:30, Folk Hall New Earswick

## Come Join Our Team

Totally flexible admin support required for five hours per week, term time only.

The role involves working in our small, friendly team at the Parent Carer Forum – York to support the smooth running of this charity organisation.

Tasks may include, but will not be limited to

- Light clerical work
- Updating website
- Supporting newsletter publication
- Researching venues and merchandise

For further details and to discuss the post please email Mary your CV on [Connect@pcfyork.co.uk](mailto:Connect@pcfyork.co.uk) to arrange an initial phone call, using the subject heading 'APPLICATION'

Closing date Thursday 7th November



# NEWS LETTER

## Listening Event with CAMHS

Tuesday 12th November, 6:30

An opportunity to meet professionals from Orca House, discuss new plans and give your Feedback

Email [Connect@pcf YORK.co.uk](mailto:Connect@pcf YORK.co.uk) for a joining link to this online event



## Cuppa and Chat

Sometimes its hard to make coffee mornings and chat with otehr parents who have lived experience like you.

Our online cuppa and chat is an opportunity to meet up from your own home, bring a cuppa, glass , chocolate whatever and use this time to meet others. No agenda. Email [connect@pcf YORK.co.uk](mailto:connect@pcf YORK.co.uk) for a joining link

Friday 1st October at 7:00 pm

## Working together with Healthwatch

We continue to represent your voice and work alongside Health Watch in health partnerships

Share your experiences of health and social care services in York here:

<http://www.healthwatchYORK.co.uk/services/>

## Autism and Transitioning through the Education System

Mike Cowan-Jones and his daughter, Rhiannon, offer tips and suggestions on how to manage transitions through the education system.

Sat, 23 Nov 2024 09:30 – 12:30

York CVS

15 Priory Street York YO1 6ET

Book on Eventbrite



**Inclusive story telling and music session in half term**  
**Parliament Street**  
**Free family event on Tuesday 29th October**



**Tuesday 29th October**



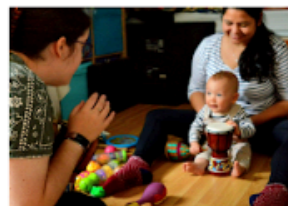
The Sensory Tipi, organised by Made in Yorkshire, is located in the heart of York, opposite the entrance to Marks & Spencer on Parliament Street. Supported by Toy Like Me – Play My Way, MySight York – Community Connect Project and City of York Council Vision Support Team.

**9:30 – 10:15.** We're going on a Bear Hunt, supported with Makaton from Emma at Sign and Speak. 0 – 4 years (as a guide).

**10:30 – 11:15.** Room on a Broom, supported with Makaton from Emma at Sign and Speak. 0 – 10 years (as a guide).

**11:30 – 12:15.** Soft Songs by Music with Catherine. 0 – 4 years (as a guide).

**12:30 – 1:15.** Music Play by Music with Catherine. 0 – 10 years (as a guide).



**To book your child's place, email Vicky on**  
**Vicky.Colombi@mysightyork.org or call 01904 731124.**



inclusive story telling and music  
session in half term

**contact**

*For families  
with disabled children*

inclusive story telling and music  
session in half term

## **The Helpful Guide for families with disabled children**

Whatever stage you're at, this book will be for you. The Helpful Guide is a free all-in-one book full of the information and help you need to enjoy family life. It can be ordered from our parent charity Contact by following the link below.

<https://contact.org.uk/wp-content/uploads/2023/04/Welcome-book.pdf>

