

Summer Holiday Activities

York



Ideas for at home: Indoors

Make playdough



Free Educational games online



Movie afternoon with popcorn



Play a pencil and paper game, like 'Hangman'



Paint rocks



Write letters or cards for family members



Learn a new card game



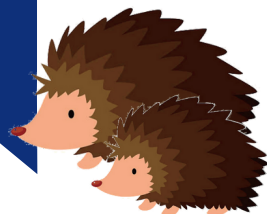
Make a den using furniture and blankets



Do a simple science experiment



Why not measure yourself at the start and the end of the holidays to see how much you grew?



Ideas for at home: Outdoors



Camp out in the garden

Build and fly paper aeroplanes



Blow bubbles using a DIY mix



Play in the paddling pool or have a water fight



Plant seeds and grow vegetables



Play traditional games such as 'Hopscotch'

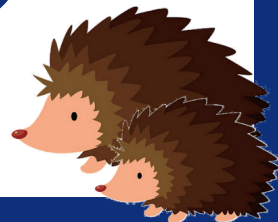


Chalk in the garden

Build an obstacle course



**Why not plant sunflower seeds
and have a competition to see
which grows the tallest?**



Quiz

1 How heavy was the heaviest Olympic Medal ever made?



2 Michael Phelps holds the male world record for the most Olympic medals. How many more medals does he have than the female record holder?

3 How many years has it been since the first modern Summer Olympic games (Games of the I Olympiad, under the IOC)?

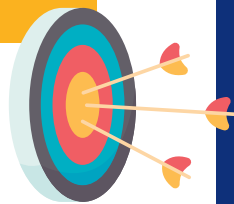
4 The official name of the Paris 2024 Olympic games is The Games of the XXXIII Olympiad. What number does XXXIII represent?

5 How long has it been since Paris last hosted the Summer Olympics?

6 How many events are there in the Modern Pentathlon?



7 What is the diameter of the target in Olympic and Paralympic archery?



8 In the Paralympic Games, wheelchair rugby matches consist of 8-minutes per quarter. What total playing time is in a match?



9 Dame Sarah Storey DBE is the most successful British Paralympian. How many gold medals has she won?



10 How many times around the standard stadium track do the athletes go in the 800m race?



10. Twice

9. 17;

8. 32 minutes;

7. 122cm;

6. 5;

4. 33; 5. 100 years, last held in 1924, so this year is the centenary;

3. 128 years (since 1896);

gained 18;

2. 10 more. He has 28, Larisa Senyonovna Latynina (USSR gymnast)

1. 567g – Salt Lake City;

Answers:

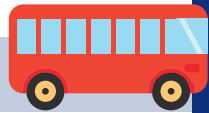
Local activities



Go to the local park



Get the Coastliner bus to the seaside



Visit the National Railway museum



Go geocaching and find hidden caches locally



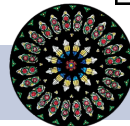
York Castle Museum and Yorkshire Museum

Free for residents' children



Visit York Minster

York residents have FREE entry



Visit a local nature reserve or wildlife site

Like St Nick's



Explore the City Walls and Museum Gardens



Visit a farm or animal park

Some offer good value annual membership



★
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**Marvellous
Makers**

Join the Summer
Reading Challenge at
your local library



SCAN HERE

Olympic activities

Make your own flag for the opening ceremony



Go on a walk or a bike ride



Make pizzas with flag themed toppings



Have a paralympic sports day



Make an olympic torch fruit cone



Go swimming

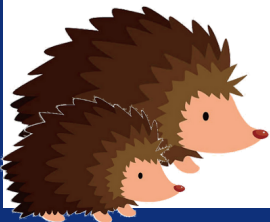
Make an edible medal



Make simple recipes from around the world



Why not make a score chart for your favourite country and keep track of their Olympic progress?



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