



NEWS LETTER

✉ Connect@pcfYork.co.uk

Welcome Message

Thank you to all who attended the launch lunch yesterday which marked day one of our new independent CIO with charity status, Parent Carer Forum – York.

We will continue to enjoy working together as the community of parents and carers who use our lived experience to inform plans for our young people across the City of York. Our established relationships with professionals in education, health and social care will help us with this work.

In addition we will continue to enjoy meeting you at events where we share parenting tips, signpost others and offer training.



✉ Connect@pcfYork.co.uk



Coffee Morning

Come for a chat over coffee (on us) with other parents who share our experiences.

Tuesday 14th May 10:30

The Range, Huntington

Want to be a little bit more involved ?

Our focus groups will run at times , venues agreed by yourselves and will be a meeting of parents and carers interested in a certain topic. We will invite professionals along to our groups so we can work together.

Focus groups include (but are not limited to)

- Children's mental health
- Assessment for Autism or ADHD
- Preparation for adulthood including employment
- Accessibility
- Parent / carer well being

If you are interested in finding out more about these focus groups please email connect@pcfYork.co.uk stating which group (s) you would like to join.

NEWS LETTER

Let's Talk Short Breaks

Monday 13th May at 1:30 pm at Applefields School.

This is an opportunity to meet senior staff from CYC to discuss the development of short breaks provision in York

Please email connect@pcfyork.co.uk if you intend coming along, so we can plan for numbers.



Working together with CYC

Maxine Squire, Assistant Director of Education, Skills and SEND would like to meet you to listen to your experiences in a range of areas and also to share some information about the process involved when your child transitions to a new setting. This coproduction event is your opportunity to use your lived experience to work alongside CYC and inform their planning.

Please email connect@pcfyork.co.uk to let us know your intention to attend, clearly stating which session

Session 1: Thursday 16th May 10:00 am to 11:30, Tang Hall Explore

Session 2: Monday 20th May 1pm - 2pm. Wilberforce Trust House.

In addition an online option is available to those who are unable to make a face to face event

Session 3: online. Monday 13th May 6pm



Autism Support Team

This is a specialist team of trained teachers and teaching assistants who work with children and young people with a diagnosis of autism and those on the pathway for a diagnosis.

The Universal Offer calendar outlines all training and advice available to families the calendar is updated every term, and details are listed by month.

<https://www.yorksend.org/team-city-york-council/autism-team-support>

Wednesday 08 May 2024

9.00 am to 12.00 pm Parent Autism Telephone Line Autism and Social Communication Needs To book a telephone support call, email parentcarerautismsupport@york.gov.uk Autism Team

1.30 pm to 2.30 pm Parent Drop-in In person at YIKS – Clifton Childrens Centre, YO30 6JA Drop-in, no booking required

Wednesday 15 May 2024

Managing meltdowns

10.00 am to 11.00 am Online parent workshop To book a place, email parentcarerautismsupport@york.gov.uk

1.30 pm to 2.30 pm Parent workshop – In person at YIKS – Clifton Childrens Centre, YO30 6JA Drop-in no need to book

York's Neurodiversity Programme has commissioned the ADHD Foundation and is hosting live support sessions in 2024 to help you understand and support your child's unique needs. Click the link below

- Thursday 16th May from 1pm
Understanding and supporting ADHD
- Wednesday 22nd May from 7pm
Understanding your child's early development (age 7 and under)

<https://www.yorksend.org/professionals/parent-carer-webinars-yorks-neurodiversity-programme/1>



Listening Events

Join us on for a short, online friendly meeting to find out more about the following providers and to give feedback

Weds 8th May 6pm Melanie Elkan, Raise and Family Hubs to discuss your experiences of the earliest part of your family's SEND journey

Wednesday 15th May 6pm, David Smith, specialist access officer for CYC
Email connect@pcfYork.co.uk for a joining link