



NEWS LETTER

✉ engagement@yiks.co.uk

Welcome Back !

Welcome to old and new members of the Parent Carer Forum – York .

We rely on your membership to ensure that services are kept informed on parent voice and to work with us on new and existing initiatives. We hope you rely on us for regular communications about local events, peer support opportunities and signposting to services when required. See below for what's coming soon....Exciting !



Coffee Morning

Come Join us for a peer support coffee morning

Monday 11th September
The Range Cafe, Huntington. 10:30 am

First drink on us!

Listening Event

SEND Law, Q and A session

Thursday 21st September 6-7pm remote

Thomas Emmett is Head of Education, Senior Associate Solicitor at Birkett Long LLP and will answer questions on SEND law on topics such as:

- EHCPs and The EHC needs assessment process
- Requesting an EHC needs assessment
- Refusal to assess appeals at the SEND Tribunal
- Refusal to issue appeals at the SEND Tribunal
- Appealing the contents of an EHCP at the SEND Tribunal (including school placement)
- Appealing a decision to cease to maintain an EHCP at the SEND Tribunal
- Appealing a decision to refuse to re-assess at the SEND Tribunal
- Judicial review
- Disability discrimination
- School transport matters

If you would like to attend this remote session with time for questions and answers please email pcf@yiks.co.uk and you will be sent joining instructions. Please put SEND Law in the subject line.



Watch this space

We will be launching a new website to compliment our existing facebook page, which holds full details of what we do and events you may be intersted in.

We are busy planning our October conference and AGM. It is entitled " Working Together To Make Things Better " and we will have a variety of speakers sharing innovation and new services from education, health, social care and the third sector.

We are hosting our PCF Campaign from 18th September in a variety of venues. We hope to increase our outreach to parents and carers of children and young people with SEND so that we can be better informed when working with services.

Specialist Teaching Team Autism**Parent Group: Topic Talks virtual (a.m.) and repeated in person (p.m.)**

Topic Talks led by the Specialist Teaching Team for Autism, including time for questions and peer support.

Virtual: 10-11 a.m. On Microsoft Teams. Due to confidentiality issues, we will be unable to discuss named children during this time.

In Person: 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF.

Independence Wed 20th Sept 10-11a.m. online & 1.30-2.30 p.m. in person

Sensory Wed 4th Oct 10-11a.m. online & 1.30-2.30 p.m. in person

Parent/Carer Phone Line and Drop-in

The Specialist Teaching Team Autism are offering parents/carers the opportunity to talk to a member of the team regarding general issues and concerns about children/young people with autism.

Phone line support: 9-12 noon 20 minutes is allocated per phone call.

In person drop-in support. 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF

Wednesday 13th Sept 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 27th Sept 9 a.m. -12 noon & 1.30 - 2.30 p.m.

To book a phone call or place on virtual meeting email parentcarerautismsupport@york.gov.uk

**PCF Campaign**

We are holding a Parent Carer Forum campaign for two weeks from Monday 18th September. You will see us round and about town and local venues.

Competitions will be launched to increase membership and all memebers will be contacted with an easy to access questionnaire to ensure our priorities going forwrad are your priorities.

Our Annual Conference this year will be on **Tuesday 24th October** at the Principal , York

We will have a variety of speakers from all sectors in the morning and our AGM and workshops after lunch.

We are expecting this to be a fab day and will publish details soon but meanwhile save the date .



Level 2 online training

But don't wait too long to register your interest, as spots are filling up fast. You can easily sign up at www.wefindanylearner.com/book-online/ or by contacting 01226 958 888.

All you need to do is meet a few simple criteria, including being at least 19 years old by August 31st, 2022, residing in England, and not currently enrolled in an apprenticeship program.

Courses offered are

- Counselling skills Level 2
- Mental Health First Aid Level 1
- understanding Autism level 2

Full detail on website



sleep tember

#Sleepember #KnowYourSleep

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



Instagram Facebook Twitter @thesleepcharity

Did you know that this month is Sleepember, The Sleep Charity's annual awareness month? This charity hopes to help us to embrace the incredible benefits of restful sleep.

Need guidance? Reach out to the National Sleep Helpline at 03303 530 541 or visit thesleepcharity.org.uk to discover how you can improve your sleep and transform your life.

We will upload their resources regularly throughout the month on our Facebook Page

Are you an adult with teens or young adults in your life? Do you live in York?

Parents, carers, grandparents, aunt/uncles and close family friends of teenagers and young adults (up to 25) in York, we would like to speak to you as part of a research project at the University of York on young people and their access to different types of support. For this project, we would like to learn about your views and experiences of supporting teenagers and young adults.

Contact Katherine on katherine.a.smith@york.ac.uk or on 07385976146 (text, call, whatsapp) for more info and to get involved.

If you take part, this will involve meeting with one of us for an individual chat on this topic, at a location which is convenient for you, for approximately up to an hour. Young people will also be running the chats as part of a co-researcher initiative and will be supported by an experienced researcher.

As a thank you for taking part, you will receive a £20 shopping voucher (Amazon or Love2shop).